

CURRICULUM VITAE

Bethany R. Russell, Ph.D.

DrBethany@RussellMentalHealth.com

[Bethany Russell ORCID](#)

[Google Scholar Profile](#)

RussellMentalHealth.com

[MPowerMe.app](#)

Antiphon.ai

EDUCATION

- August 2021** **Doctor of Philosophy (Ph.D.)**
Area of Specialization: Counselor Education & Supervision
University of Central Florida, Orlando, FL (*CACREP Accredited*)
- Dissertation Title: *Highly Sensitive Child Scale for Preschool Age Children (HSCS-P): Development and Initial Validation of a New Instrument*
- May 2018** **Master of Arts (M.A.)**
Area of Specialization: Clinical Mental Health Counseling; Play Therapy
University of Central Florida, Orlando, FL (*CACREP Accredited*)
- May 2011** **Master of Arts (M.A.)**
Area of Specialization: Human Development University of Missouri, Columbia, MO
- December 2005** **Bachelor of Arts (B.A.)**
Majors: Human Development and Family Studies Specialization: Child Life, Spanish
University of Missouri, Columbia, MO

LICENSURE & CERTIFICATIONS

Florida Licensed Mental Health Counselor (LMHC)	2023-present
Registered Play Therapist (RPT)	2024-present
National Certified Counselor (NCC)	2018-present

PROFESSIONAL ACADEMIC & CLINICAL EXPERIENCE

Bethany R. Russell, Ph.D. & Associates, P.A., A Florida Professional Association,

Babcock Ranch, Florida

Owner, Researcher & Mental Health Therapist

December 2023-Present

- Supported children and adolescents experiencing mental health concerns.
- Created [MPowerMe.app](#) an enterprise digital mental health application.
- Created a bi-lingual Mood Tracker & Gratitude Log available on the Apple App Store: <https://apps.apple.com/us/app/m-power-me-mood-tracker-log/id6751866810>
- Created a multi-lingual Sleep Tracker & Log with AI enhanced insights available on the Apple App Store: <https://apps.apple.com/app/sleep-tracker-by-m-power-me/id6752792393>
- Researched digital interventions, digital tools, and potential digital therapeutics using custom tuned LLMs for mental health solutions.
- Provided parenting classes based on principles from Child Parent Relationship Therapy (CPRT)
- The practice of mental health counseling includes methods of a psychological nature used to evaluate, assess, diagnose, and treat emotional and mental dysfunctions or disorders, whether cognitive, affective, or behavioral, interpersonal relationships, sexual dysfunction, alcoholism, and substance abuse.

Florida Gulf Coast University, Fort Myers, Florida

Assistant Professor, Department of Counseling

August 2023 - May 15, 2026

- Senator, Florida Gulf Coast University Faculty Senate (2025-Present)
- Full time faculty member of the Marieb College of Health & Human Services (Graduate School)
- Department Organizational Meeting Chair 2024-Present
- MCHHS Faculty Committee Secretary 2024-August 2025
- Curriculum Committee Member 2024-Present
- Clinical Committee Member 2023-Present
- Course taught are below under "Teaching Experience"

Stetson University, DeLand, Florida

Visiting Professor, Clinical Mental Health Counseling

August 2021 - July 2023

- Full time faculty member of the Graduate School Department of Counseling
- Course details below under "Teaching Experience"

Orlando Counseling Services, Orlando, FL

Mental Health Therapist

January 2022-June 2024

- Supported children and adolescents experiencing mental health concerns.
- Provided parenting classes based on principles from Child Parent Relationship Therapy (CPRT)
- Provided individual, couples and family therapy.

Halifax Health - Child & Adolescent Behavioral Services, Daytona, FL

Program Therapist

December 2021-June 2022

Community Research and Counseling Center, Orlando, FL

Registered Mental Health Counseling Intern

January 2018-August 2021

- Provided play therapy services to children ages 4-10 years of age.
- Provided individual counseling to adolescents, and family and couples therapy to adults

Community Research and Counseling Center (CCRC), Orlando, FL

Clinic Research Assistant

August 2020-August 2021

- Collected and organized data concerning performance evaluations of students.
- Created yearly reports concerning student performance as well as clinic performance.
- Identified and procured grants to financial support the CCRC.

Community Research and Counseling Center, Orlando, FL

Clinical Coordinator

August 2019-August 2020

- Coordinated Practicum placement for Master's-level students.
- Assisted to move clinical practice online
 - o Set up Tele-Mental Health of clients in the community
 - o Assisted with creating a community center for individuals to access technology to gain access to tele-mental health.

Nemours Children's Hospital, Orlando, FL

Faculty Member, PedsAcademy

January 2019- January 2020

- Provided counseling services to student education interns and patients of the Juvenile Arthritis Clinic.

Community Research and Counseling Center, Orlando, FL

Community Outreach Coordinator

August 2018-August 2019

- Attended community events to assess mental health needs within the community.
- Collaborated with schools to provide mental health services to students and their families.

CHILL-Lake Sybelia Elementary School, Maitland, FL

Counseling Intern

August 2017-April 2018

- Developed and implemented psychoeducational groups for children ranging in age from Kindergarten-5th Grade
- Provided individual play therapy sessions to children ages Kindergarten-5th Grade
- Provided family sessions to families who had students at the elementary school
- Provided class presentations on mindfulness, relationships, and bullying

Women's Center, Melbourne, FL

Victims Advocate

October 2014- August 2015

- Provided emotional support to victims
- Educated individuals on resources available

Riley Hospital for Children, Indianapolis, IN

Clinical Supervisor

November 2011- August 2013

- Supervised 17 Child Life Specialists

Bethany R. Russell Ph.D.

- Developed a competency process to align with Child Life Council's competencies
- Further Developed the Volunteer Program
- Worked with Child Life Team to Reorganize Internship Program
- Served on the Pain Initiative Committee for Periop

Riley Hospital for Children, Indianapolis, IN

Child Life Specialist

June 2011 - Oct 2011

- Provided Child Life services on an inpatient floor that served patients on Complex Care, Orthopedics, Feeding Team and Endocrinology Services
- Introduced many new practices to medical team including: Medical Play, Comfort Positioning, Death and Bereavement Services, and Diagnosis Teaching

Children's Hospital, Columbia, MO

Child Life Specialist

October 2009 - December 2009

- Child Life Specialist assisting in all areas of the hospital primarily working with adolescent patients and their families

All Children's Hospital, St. Petersburg, FL

Child Life Specialist

March 2007 - August 2010

- Child Life Specialist on 24-bed inpatient unit (Hematology, Oncology, Bone Marrow Transplant)
- Represented Child Life Department on the Hospital-Wide Bereavement Sub-committee

Children's Hospital of Michigan, Detroit, MI

Child Life Specialist

March 2006 - March 2007

- Child Life Specialist on 34-bed inpatient unit (Hematology, Oncology, Nephrology) and 8-bed outpatient Dialysis Unit
- Provided in-services and unit orientation to new employees regarding role of Child Life Specialist
- Represented Child Life Department on the Hospital-Wide Pain Task Force Committee
- Piloted Bead Program for Oncology Patients

Medical Experience in Central America, David, Panamá

Volunteer

August 1997 - December 2000

- Traveled to villages in Central America to assist in the pharmacy
- Spent 10 weeks at David's Children's Hospital supporting the emotional well-being of patients
- Spent over 100 hours caring for children at a malnutrition center

SCHOLARLY PRODUCTIVITY

RESEARCH INTERESTS

- Change Mechanisms in Play Therapy
- Integrated Behavioral Health in Pediatrics
- Sensory Processing Sensitivity in Children
- Artificial Intelligence & Technology in Mental Health

EXPERT TESTIMONY

Russell, B.R. (2025, November 6). Presentation on regulatory frameworks for AI in healthcare, Oral Presentation and Testimony. U.S. Food & Drug Administration, Digital Health Advisory Committee, Washington, DC.

PEER-REVIEWED PUBLICATIONS & PEER REVIEWS

6. **Russell B. R.**, and Bode H. (2026) Public sentiment toward traditional mental health providers and AI alternatives: a mixed-methods analysis of 2025 multilingual X discourse. *Front. Hum. Dyn.* 8:1765197. doi: <https://doi.org/10.3389/fhumd.2026.1765197>

5. **Russell, B.R.**, Frawley, C., Wilson, N., Dillman Taylor, D., Cypret, A. (2025). The Efficacy of Child Parent Relationship Therapy Among Child-Welfare Involved Families: A Pilot Study. *The Family Journal*, 33(1), 123-130. <https://doi.org/10.1177/10664807241268515>

4. **Russell, B.R.**, Dillman Taylor, D., & Thompson, K. (2024). Understanding evidence-based treatment criterion through the evaluation of play therapy approaches. *International Journal of Play Therapy*, 33(2), 93–106. <https://doi.org/10.1037/pla0000214>

3. Dillman Taylor, D., Thompson, K., **Russell, B. R.**, & Meany-Walen, K. K. (2021). Utilizing play therapy in schools: Lessons learned. *International Journal of Play Therapy*. 31(1), 22–33. <https://doi.org/10.1037/pla0000156>

2. **Russell, B. R.**, Oh, S., Dillman Taylor, D. (2019). Integration of Adlerian play therapy in pediatric hospitals. *Journal of Child and Adolescent Development*. 5(1), 61-72. <https://doi.org/10.1080/23727810.2018.1556987>

1. **Russell, B. R.**, Morales, A., & Russell, D. R. (2015). Using children as informal interpreters in pediatric consultations. *Int'l Jnl Human Rights Health*, 8(3), 132-143. <https://doi.org/10.1108/IJHRH-07-2013-0009>

DISSERTATION

1. Russell, Bethany, "Highly Sensitive Child Scale for Preschool Age Children: Development, Initial Validation of a New Instrument" (2021). *Electronic Theses and Dissertations, 2020-2023*. 755. <https://stars.library.ucf.edu/etd2020/755>

PEER REVIEWER

1. *Qualitative Research*, Sage Publications (2025), <http://qrj.sagepub.com/>
2. *Frontiers in Psychology*, Frontiers Publishing (2025) <https://frontiersin.org>

NON-REFEREED PROFESSIONAL JOURNALS / MAGAZINES / NEWSLETTERS

4. **Russell, B** (Summer, 2025) “Beyond the Screen: Guiding Florida Clients Towards Real-Life Presence Amidst Tech Fatigue and AI’s Promise”. Guidelines Magazine, Florida Counseling Association. <https://www.flacounseling.org/PUBLICATIONS>

3. **Russell, B** (July, 2025) “A New Dawn For Aspiring Mental Health Counselors in Florida”. InSession Magazine, Florida Mental Health Counselors Association. (July), 33-34 https://issuu.com/fmhca/docs/insession-july_2025

2. **Russell, B** (Winter, 2025) “An Analysis of Florida’s Current Proposed 2025 Legislation and Its Impact

on the Counseling Profession". Personalized Therapy - Tailoring Treatments to Individual Needs, Florida Counseling Association, 20-23

<https://www.flacounseling.org/resources/2025%20GUIDELINES/FCA%20Guidelines%20-%20Winter%202025.pdf>

1. **Russell, B.** (Fall, 2011) "Considering the Voices of Child Language Brokers". Child Life Council Bulletin.

TEXTBOOK CHAPTERS

1. Shillingford, M. A., Gonzalez, T., & **Russell, B. R.** (2022). Major Depressive Disorder. In M. A. Shillingford & T. Gonzalez Eds), *Demystifying the DSM: A tool for school counselors and practitioners* (p. 47-58). Cognella Pub: San Diego, CA

MANUSCRIPTS IN PROGRESS

1. Dillman Taylor, D., **Russell, B. R.**, Thompson, K., Cresini, K. (In Progress). The use of toys in a playroom. IRB Study ID: STUDY00000912

RESEARCH RELATED EXPERIENCE

Assistant Director of Research

August 2018-August 2021

UCF Center for Play Therapy Research and Training Department of Counselor Education & School Psychology University of Central Florida, Orlando, FL

- Meet with the research team twice a month to discuss progress of current research projects.
- Mentor students to present at local conferences.
- Lead discussions on the use of play therapy techniques.
- Collect data using an advanced technological system on the change mechanisms in the play therapy process.

HRS Grant Project Manager, Dr. Hagedorn

August 2017-August 2018

Department of Counselor Education & School Psychology University of Central Florida, Orlando, FL

- Liaison between counselor education and medical school.
- Coordinated student application and acceptance to grant funding.
- Developed, collected, and disseminated all data needed to complete reports.
- Coordinated all monetary support for grant recipients attending national conferences.

Graduate Research Assistant, Dr. Dillman Taylor

January 2016-May 2018

Department of Child, Family, & Community Sciences University of Central Florida, Orlando, FL

- Liaison between 2 observers, 2 mentors, and 2 student counselors at 4 Title 1 elementary schools.
- Collected and imputed all data pertaining to the study.

Graduate Research Assistant, Dr. Gulnora Hundley

January 2016 –May 2016

Department of Child, Family, & Community Sciences University of Central Florida, Orlando, Florida

- Administered neurofeedback to study participants.
- Conducted semi-structured interviews with study participants concerning experiences with neurofeedback.
- Administered assessment to study participants.

Graduate Research Assistant, Dr. Alejandro Morales

May 2010-May 2011

Department of Counselor Education University of Missouri, Columbia, Missouri

- Facilitated qualitative interviews with ESL high school students.
- Provided college readiness interventions to ESL students at a rural high school in the midwest.
- Participated in meetings to achieve inter-rater reliability to code transcribed interviews.

PRESENTATIONS

*Provided mentorship to Master or Doctoral Students.

- **Russell, B.** (February 2026) “**Navigating Youth Development in the AI Era: Clinical Insights for Counselors**”. *2026 Annual Convention*, Florida Mental Health Counselors Association, Lake Mary, Florida.
- **Russell, B. & Johnson, J.** (December, 2025) “**AI and Cultural Synergy in Youth Mental Wellness in The Bahamas.**” NBCC’s Global Capacity Building 2025 *Mental Health Connections* conference, National Board of Certified Counselors, virtual.
- **Russell, B.** (November, 2025) “**Children, Teens, and AI: Navigating Identity, Mental Health, and Society.**” Florida Counseling Association 76th Annual Convention, Fort Lauderdale, FL.
- **Russell, B.** (2025, September) “**The Digital Revolution in Counseling: Capitalizing on AI and Automation Ethically**”. *Mental Health + AI: A Mini Summit for Modern Clinicians*, Florida Mental Health Counselors Association, virtual.
- **Russell, B.** (2025, May) “**Digital Transformation of Counseling Practice: Leveraging AI and Automation**”. Program presented for the American Counseling Association’s Business of Practice, virtual.
- **Russell, B. & Jennings, A.** (2024, November). “**Counselors Supporting Parents: Therapeutic Support of Children with Sensory Processing Sensitivity**”. Program presented at the Florida Counseling Association 75th annual convention, Orlando, FL.
- **Russell, B. & Frawley, C.** (2024, November). “**Needed Counselor Training when Working with Children: Opportunities in Counselor Education.**” Program presented at the Southern Association for Counselor Education and Supervision, Dallas, TX.
- ***Fakhro, D., *Frawley, C., & Russell, B.** (2021, November). Empowering Students: A Trauma-Informed Approach to Supervision. Program presented virtually at the national conference for the Association for Counselor Education and Supervision, Atlanta, GA.
- **Russell, B., & Dillman Taylor, D.** (2021, October). Considering Sensory Processing Sensitivity Within the Play Therapy Process. Program presented at the national conference for the Association for Play Therapy, Little Rock, AR.
- **Russell, B., & Dillman Taylor, D.** (2021, April). Ethical Dilemmas: Implications of Evidence- based Practices for Child Counselors. Program presented at the national conference for the American Counseling Association, Orlando, FL.
- **Russell, B., & Dillman Taylor, D.** (2020, April). Ethical Dilemmas: Implications of Evidence- based Practices for Child Counselors. Program presented at the national conference for the American Counseling Association, San Diego, CA (conference canceled).
- ***Crescini, K., Russell, B.** (2020, January). Trauma Work and Adlerian Play Therapy: Making Connections Between Play and Healing. Program presented for presentation at the University of Central Florida counseling conference, Orlando, FL.
- ***Tortorella, L., *Bachura, A., *Castro, M., *Crescini, K., *Iniguez, A., *Neal, S., Russell, B., Dillman Taylor, D.** (2020, January). Making Messes: Manifestation of Trauma in Play Therapy. Program presented for presentation at the University of Central Florida counseling conference, Orlando, FL.
- **Wilson, N., Russell, B.** (2020, January). Neuro-Informed Counseling: Considerations when Including both the Mind and the Brain in Mental Health Counseling. Program presented for presentation at the

University of Central Florida counseling conference, Orlando, FL.

- Wilson, N., **Russell, B.**, Tabet, S., Tintzman, J., & Rendon Finnell, L. (2019, October). Mind the Gap: The Absence of Education and Supervision Related to Working with Family Systems Impacted by Trauma. Program Presented at the national conference for the Association for Counselor Education and Supervision, Seattle, WA.
- Dillman Taylor, D., **Russell, B.**, Wilson, N. (2019, March). A Community- Based Systemic Mental Health Intervention to Address Reunification. Presented at the national conference for the American Counseling Association, New Orleans, LA.
- **Russell, B.**, Jennings, A., & Borland, J. (2019, January). Misunderstood: Recognizing Children Who are Highly Sensitive. Program presented for presentation at the University of Central Florida counseling conference, Orlando, FL.
- **Russell, B.**, Wilson, N., & Rendon Finnell, L. (2019, January). Facing Trauma: Challenges with Prescriptive Family Interventions. Program presented for presentation at the University of Central Florida counseling conference, Orlando, FL.
- **Russell, B.**, & Dillman Taylor, D. (2018, October). Evaluating the Need for Play Therapy Services in Pediatric Hospitals. Poster for presentation at the international conference for the Play Therapy Association, Phoenix, AZ.
- Rendon Finnell, L., & **Russell, B.** (2018, October). Linguistic Diversity: The Power of Language in the Counseling Relationship. Poster presented at the Florida Counseling Association 69th annual convention, Tampa, FL.
- **Russell, B.**, Rendon Finnell, L., & Chase, A. (2018, October). Ethical Dilemmas: Navigating the Use of Child Language Brokers in the Counseling Session. Program presented at the Florida Counseling Association 69th annual convention, Tampa, FL.
- **Russell, B.**, & Dillman Taylor, D. (2018, April). Evaluating the Need for Play Therapy Services in Pediatric Hospitals. Poster for presentation at the national conference for the American Counseling Association, Atlanta, GA.
- Rendon Finnell L., & **Russell, B.** (2018, January). The Power of Language in the Counseling Relationship. Program presented for presentation at the University of Central Florida counseling conference, Orlando, FL.
- Rendon Finnell, L., Hawkins, K., **Russell, B.**, & Dillman Taylor, D. (2017, July). Play Therapy as a School-based Approach for Addressing Children's Mental Health Needs. Program presented for presentation at the national conference for the Association for Child and Adolescent Counseling, Arlington, VA.
- **Russell, B.**, Moore, R., & Dillman Taylor, D. (2017, January) Pediatrics and Play Therapy: Overcoming Grief Linked with Chronic Illness. Program presented for presentation at the University of Central Florida counseling conference, Orlando, FL.
- **Russell, B.** & Hernandez, M. (2007). Mission Possible: Merging Medical Treatment and Emotional Support. Presented for the Florida Association of Pediatric Tumor Programs Annual Seminar.
- **Russell, B.** & Hernandez, M. (2006). Child Life: Part of the Pain Task Force. Program presented for Association of Pediatric Hematology/Oncology Nurses, St. Petersburg, FL.
- Bosler, S. & **Russell, B.** (2006). Advocating for Comfort: Child Life on the Pain Task Force. Program presented at the Great Lakes Child Life Conference, Detroit, MI.

INVITED PRESENTATIONS

1. **Russell, B.** (2023, February). Identifying Students in Crisis vs. Developmental Emotionality. Program presented online for Florida Virtual School Mental Health Providers, FL.
2. **Russell, B.** (2023, January). Understanding Sensitivity as a Temperament Trait. Program presented online for Florida Virtual School Mental Health Providers, FL.
3. **Russell, B.** (2022, December). Teaching Mindfulness and a Growth Mindset. Program presented online for Florida Virtual School Mental Health Providers, FL.

4. **Russell, B.** (2022, November). Helping Students Develop Coping Skills. Program presented online for Florida Virtual School Mental Health Providers, FL.
5. **Russell, B.** (2022, October). Building Self-Efficacy and Self-Confidence in Students. Program presented online for Florida Virtual School Mental Health Providers, FL.
6. **Russell, B.** (2022, September). Understanding Emotional Intelligence. Program presented online for Florida Virtual School Mental Health Providers, FL.

GRANTS AND OTHER FUNDING

- **Russell, B. R.** (August 2025) Submitted & Pending. "Transforming Healthcare: AI-Driven Diagnosis, Personal Health Records, and Payment Innovation with Blockchain and Stablecoins" NIH New Innovator's Award. \$2,375,000.00
- **Russell, B. R.** (2025). Awarded Research Credits by Google Cloud Research & Education, for further research and analysis of my Dissertation topic, Highly Sensitive Child Scale for Preschool Age Children (HSCS-P): Development and Initial Validation of a New Instrument. \$5,000.00
- **Russell, B. R.** (2025). Awarded Research Credits by Perplexity.ai as a Business Fellow, for use with my FGCU Play Therapy Research Team. \$40,000.00
- **Russell, B. R.** (2025). "ADOS and MIGDAS Autism Training", Professional Development Fund Grant, Florida Gulf Coast University: Faculty Senate. \$1,357.60
- **Russell, B. R.,** Wilson, N. C., VanHorn, S. (2020). Ph.D. Seminar, Workshop or Conference Support: 13th Annual UCF Counseling Conference. University of Central Florida: College of Graduate Studies. \$4,000.00
- **Russell, B. R.** (2018, 2019, 2020) University of Central Florida Graduate Presentation Fellowship, for presentation of research at a professional conference. \$500.00
- **Russell, B. R.** (2018, 2019) Brinson Award, University of Central Florida, for travel to Dominica related to study and conduct research abroad. \$1,600.00

TEACHING EXPERIENCE

FLORIDA GULF COAST UNIVERSITY

MHS 6800: Practicum Skills and Field Experience

MHS 6482: Lifespan/Development

MHS 6830: CMHC Counseling Internship

MHS 6422: Play Therapy

MHS 6466: Crisis/Trauma Counseling

MHS 6428: Psychosocial / Cross-Cultural Counseling

STETSON UNIVERSITY

Visiting Assistant Professor (Fall 2021-Summer 2023); Full Time Faculty

COUN 525: Individual, Couple, and Family Advanced Techniques and Treatment Planning

COUN 531: Play Therapy Theories and Practices

COUN 506: Multicultural Counseling and Psychosocial Therapy

COUN 506: Human Development

COUN 504: Group Counseling

UNIVERSITY OF CENTRAL FLORIDA

(As a Graduate Student during my Doctorate)

EEC 4744: Child Life: Psychosocial Care, Spring 2021

MHS 6500: Group Procedures and Theories of Counseling, Summer 2020

MHS 6430: Family I, Spring 2020

MHS 6803: Practicum in Counselor Education, Fall 2019 & Spring 2020

MHS 6421: Foundations of Play Therapy & Expressive Arts, Spring 2019, Summer 2019, & Spring 2021

MHS 6500: Group Procedures and Theories of Counseling, Spring 2019 & Summer 2019

MHS 5005: Introduction to Counseling, Fall 2018 & Spring 2019

University of Missouri-Columbia

(As a Graduate Student)

HDFS 4130 Child Life Practicum, Spring 2010

HDFS 4085 Problems in Hum. Dev. and Family Studies, Child Life Volunteer Experience, Summer 2010

HDFS 2400 Principles of Human Development, Fall 2009

PERSONAL SERVICE, LEADERSHIP, AND SELECTED HONORS

- 2026 (January - Present) U.S. Government Centers for Medicare & Medicaid Services' Health Tech Ecosystem – Conversational AI Workgroup, Appointed Member
- 2026 (March) Voted & Awarded as the Site Supervisor of the Year by Chi Sigma Iota the Counseling Academic and Professional Honor Society International's Florida Gulf Coast University Chapter
- 2024 (Nov 2024 - March 2026) Florida Association for Counselor Education and Supervision, President
- 2025 (July 2025) FCA Annual Conference, Proposal Reviewer
- 2025 Perplexity Business Fellow (March 2025), Awarded \$40,000.00 in research credits
- 2024 ACA Conference (August 2024), Proposal Reviewer
- 2024 SACES Conference (April 2024), Proposal Reviewer
- Association of Child and Adolescent Counseling (2021), Professional Development Committee
- Florida Association of Play Therapy (2021, 2022), CE Committee Chair
- Journal of Child and Adolescent Counseling (March 2021-August 2023), Ad hoc Reviewer
- Counselor Education and Supervision Doctoral Student Organization (July 2019-August 2020), Treasurer
- Chi Sigma Iota (International Counseling Honor Society), Upsilon Chi Chapter (2016-2021), Secretary 2017-2018, University of Central Florida Chapter
- 2017 (February) Outstanding Paper in 2016 Emerald Literati Network for Excellence

PROFESSIONAL MEMBERSHIPS

- American Counselor Association (ACA), *2016-2026*
- Florida Mental Health Counselors Association, *2025-present*
- Association for Child and Adolescent Counseling (ACAC), *2016-present*
- Association for Play Therapy (APT), *2019-present*
- Association of Counselor Education and Supervision (ACES), *2018-2026*
- Southern Association for Counselor Education and Supervision (SACES), *2018-2026*
- Florida Counseling Association (FCA), *2018-present*
- Association for Assessment and Research in Counseling (AARC), *2020-present*
- Chi Sigma Iota (CSI), International Counseling Honor Society, Upsilon Chi Chapter, *2016-2021*
- Association of Child Life Professionals, *2004-2020*
- UCF Counselor Education Doctoral Student Organization (CEDSO), *2018-2021*